

Confidential Health Check

2023/2024

The completed questionnaire **should only be scanned** and emailed to admissionsconfidential@gold.ac.uk, do not send via post.

Section 1 should be completed by the applicant; **section 2** should be completed by the applicant's GP/Doctor. Either the applicant or GP can then email the completed document to the above email address.

If you are sending this form to your GP via email, you can open your word processing application (Word, OpenOffice etc) and then open this pdf within that programme, this will allow you to type your responses without the need to print it.

Section 1: Applicant Personal Details

Details	Please fill out the below
First name	
Family name/s	
Previous or alternate names	
Title Mr/Mrs/Ms/Miss/Mx	
Home address	
Date of birth	
Phone number	
Email address	
Doctor's name	
Doctor's address	
Hospital specialist name (if applicable)	
Hospital specialist address (if applicable)	
Programme title (e.g. PGCE Primary)	

Health and Functional Capabilities

1. Do you have problems with any of the following:

a	Mobility? e.g. walking, using stairs, balance	Yes/No
b	Agility? e.g., bending, reaching up, kneeling down	Yes/No
c	Dexterity? e.g., getting dressed, writing, using tools	Yes/No
d	Physical Exertion? e.g., lifting, carrying, running	Yes/No
e	Communication? e.g., speech, hearing	Yes/No
f	Vision? e.g. visual impairment, colour blindness, tunnel vision	Yes/No
g	Learning? e.g. dyslexia, dyscalculia, impaired concentration	Yes/No

If **yes** to any of the above, please give full details (e.g., extent of impairment, how you manage, support needs) at the end of the form.

2. Do you have, or have you had, any of the following?

a	Chronic Skin Condition? e.g., eczema, psoriasis	Yes/No
b	Neurological Disorder? e.g., epilepsy, multiple sclerosis	Yes/No
c	Allergies? e.g., latex, medicines, foods	Yes/No
d	Endocrine Disease? e.g., diabetes	Yes/No

If **yes** to any of the above please give details including an indication of date and duration etc (e.g. when condition developed, severity, effects and treatment / medication) at the end of the form.

3. Have you ever been affected by any of the following?

a	Sudden Loss of Consciousness? e.g., fit or seizure	Yes/No
b	Chronic Fatigue Syndrome? (or similar condition)	Yes/No
c	Mental Health Issues? e.g., anxiety, depression, phobias, OCD, nervous breakdown, personality disorder, over-dose or self-harm, drug or alcohol dependency:	Yes/No

d	An Eating Disorder? e.g., bulimia, anorexia nervosa, compulsive eating:	Yes/No
e	An illness requiring more than two weeks' absence from school or work?	Yes/No

4. Have you ever received treatment from a psychiatrist, psychotherapist or counsellor?

Yes	
No	

If **yes** to the above please give details including an indication of date and duration etc (e.g. when condition developed, severity, effects and treatment / medication) at the end of the form.

5. Have you ever required special arrangements during your studies or work to accommodate a disability or health concern? (e.g. special equipment, extra time in exams, part-time working)?

Yes	
No	

If **yes** please give details and an indication of date and duration at the end of the form.

Yes	
No	

6. Are you currently taking any medication or treatment?

If **yes** please give details including current dose below:

Further Applicant Information

Any further information from the applicant including any conditions or concerns about health or ability not otherwise mentioned above can be included below to explain or provide detail or context for anything disclosed. The GP should take note of the below in addition to the answers to the questions in section 1.

Depending on the information disclosed, we will occasionally need to discuss this form with your programme tutor to ensure that it can be signed off. If you would like us to contact you before we share information from this form with the programme tutor, please check this box.	
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Declaration

By submitting this form, you declare that all of the statements made and information provided on this questionnaire are true to the best of your knowledge.

You also understand that you are responsible for the expenses of any medical report, which may be required, and any fee associated with the completion of the form.

Submission of this form also gives consent for Goldsmiths to approach your doctor and/or specialist for further information if deemed necessary. You also submit this form on the understanding that giving false information or failing to disclose any significant information could result in the withdrawal of your offer and any subsequent enrolment at Goldsmiths

Please send the completed form to your GP (Doctor) and request that they complete the section below. You will be responsible for any fee charged by your GP/Doctor. It can take some time for a GP/Doctor to complete a form such as this so we advise sending as soon as possible.

Please note a practice stamp is not required when the form is emailed to Goldsmiths from an NHS email address.

Below section to be completed by your doctor only

Section 2: Doctor Assessment

Your patient has been offered a place to undertake a professional training programme (such as social work or teacher training) at Goldsmiths University. All prospective students are required to complete a health questionnaire to enable the University to assess their medical fitness to complete their placements (further details on placements on following page) and where appropriate consider any reasonable adjustments or additional support needs. We require the doctor to verify the health information provided by applicants based on their knowledge of the patient. Please note this is not an occupational health assessment.

Please note: A medical examination is not required. Any fee required for completion of the form is the responsibility of the patient.

1	Applicant name:	
2	Are you a relative of the applicant?	Yes/No
3	Are you the applicant's usual doctor?	Yes/No
4	Do you hold the applicant's medical record?	Yes/No
5	According to your records and knowledge of the applicant, do the answers to questions in Section 2 appear correct? (please add any comments below, if appropriate)	Yes/No
6	Are you aware of any additional medical information that may be relevant to this application? (If yes please provide details)	Yes/No

Please note any further details or information below:

Category declaration	A, B or C?
After reviewing the Health Check, is the applicant category A,B or C?	

Category A Those who are in good health or who have conditions which are not likely to interfere with efficiency on their placement

Category B Those who are in good health but who suffer from conditions which may impede their ability on placement or exacerbate health concerns, though these conditions are not serious enough to make the candidate unfit for the placement.

Category C Those whose condition is such as to make them unfit for their placement.

Practice Name:	
Doctor Name:	
Doctor Signature:	
Date:	
Medical Practice Official Stamp:	

Further information on placements

This form is intended to provide information about whether the applicant will be able to successfully complete a placement as part of their studies without endangering their own health and without risking the health, safety or well-being of any young and/or vulnerable people that they may be working with on placement. Disclosures/medical history regarding both physical and mental health should be taken into account.

A placement for a **teacher training programme** is very intensive and requires trainees to engage in both academic study and school placement. Trainees will spend 120 days in school, where they will be required to plan, teach and assess across the curriculum. During school placement, they will be on their feet for much of the school day and will need to be alert and highly responsive to the needs of their pupils. They will need to be able to work collaboratively with colleagues in the school and, by the end of the programme, will need to show that they can confidently and independently take responsibility for a class or classes of 30+ pupils.

A placement for a **social work programme** will include training from experienced professionals before moving onto independent casework. Students' caseloads are diverse, but may include supported safeguarding work, work with service users on support plans, work with people in the early stages of the care system, families in short term crises, assisting people with end of life care or mental health care.

A placement on a **therapy programme** will include taking part in individual and group therapy sessions with service users. Students may also complete assessments; generic and discipline specific. They will work alongside the professionals in teams, attending meetings, participant observations, etc. A typical placement day would include meeting with staff and engaging in clinical work with time around this for note taking and professional development. Students would be expected to undertake mandatory safety training such as safeguarding, de-escalation and information governance.

A placement on a **community work programme** will involve taking part in group activities such as youth work, community building efforts and leading and participating in performances. The placement s can take place in a variety of places such as care homes, conflict zones, creches, youth clubs, prisons, women's refuges, and refugee centres and can involve long hours of moderate physical activity and careful attention to detail.

Information to prospective students

Following the offer of a place to study at Goldsmiths University of London, we are committed to ensuring equality of opportunity for students with impairments and health conditions. Goldsmiths will provide all reasonable support to enable students with impairments and health conditions to complete the course.

Your answers to this health questionnaire will help to ensure that your placement training will not put your health at risk and will also help to determine, in terms of fitness to fulfil the requirements of programme, your suitability to work in your chosen field.

Why is fitness to train an issue?

The reasons to address the issue of fitness to train centre round the requirement to:

- Ensure the health, safety, well-being and educational progress of pupils/clients;
- Provide an efficient service which will facilitate learning from pupils;
- Manage any risk to the health of teachers/social workers/etc. which may arise from their duties including ensuring that those duties do not exacerbate pre-existing health problems;
- Ensure the health and safety of other staff is not adversely affected by a colleague being unfit;
- Enable all, including those with disabilities, who wish to pursue a career in teaching/social work/etc to achieve their potential within the bounds of reasonable adjustment.

Fitness criteria

To be able to undertake duties safely and effectively, it is essential that individuals:

- Have the health and well-being necessary to deal with the specific types of duties (adjusted, as appropriate) in which they are engaged;
- Are able to communicate effectively with children, parents, clients and colleagues;
- Possess sound judgement and insight;
- Remain alert at all times;
- Can respond to clients/pupils' needs rapidly and effectively;
- Are able to manage classes/groups;
- Do not constitute any risk to the health, safety or well-being of those in their care;
- Can, where disabilities exist, be enabled by reasonable adjustments to meet these criteria.

The decision on fitness will be considered using the above criteria and will be based on an individual's ability to satisfy those criteria in relation to all duties undertaken as part of the specific post and in relation to all the individual's health problems.

Consideration of questionnaires

Having considered the completed questionnaire, the GP (Doctor) will classify the applicant in one of three categories:

A: Those who are in good health or who have conditions which are not likely to interfere with efficiency on their placement

B: Those who are in good health but who suffer from conditions which are likely to interfere some extent with their efficiency on their placement, though these conditions are not serious enough to make the candidate unfit for the profession.

C: Those whose condition is such as to make them unfit for their profession. Applicants should not normally be included in this category unless they suffer from a disorder likely to interfere seriously with regular and efficient work duties.

A 'C' classification should be given to an applicant who is not in a satisfactory state of health at the time of the examination but who may, after appropriate medical treatment, may make a good recovery. It will be open to such applicants to make a fresh application once they are able to provide a satisfactory medical report following treatment. There is no appeals mechanism to the institution, its medical advisors, or the DfES/DoH. However, the applicant has the right to offer additional medical specialist advice to the College for the medical advisor to reconsider their decision.

Impact of health status on fitness to train

An extract from the advice provided for GP's responsible for assessing health of teachers. (This information is provided for information only. Many of these issues are the same for social work, community and therapy entrants

Any decision to find an applicant unfit to teach should only be made after it is clear that the criteria at paragraph 2 (above) cannot be met in full after the following have been addressed:

- Appropriate treatment for an appropriate length of time has failed to produce recovery.
- Other available treatment interventions have been proved to be unsuccessful.
- Restriction on the nature of teaching duties would still not enable the teacher to be declared fit.

- Reasonable adjustments would not be sufficient to allow the individual to be fit to teach.
- Providing a blanket list of conditions that are incompatible with teaching duties is not appropriate. Cases should be considered on an individual basis and, in most circumstances, consideration should involve:
- Full investigation of the condition, including reports from GP and Specialist as appropriate.
- Reference to the criteria outlined above.

Discussion with senior or more experienced colleagues may be appropriate.

Where an individual is considered to be fit, but has a condition which may progress so that ongoing fitness would be in doubt, Medical Advisers should recommend to the training institution or employing organisation, that the individual be reviewed at clearly defined intervals. The individual concerned should be advised of this and of the need to seek earlier review if the anticipated pattern of the illness changes.